

# THE Accent

Prince Edward Island Union of Public Sector Employees

## UPSE Educationals

### Welcome to UPSE

The Welcome to UPSE course will run on **September 12 from 9:00 - 4:00 p.m.** at the UPSE office in Charlottetown. **The course will help you:**

- *learn about UPSE's history and evolution in PEI*
- *learn about the union's structure, and how it works*
- *learn about the tools you need to carry out your role within the union effectively*

*Please register online at ([www.peiupse.ca](http://www.peiupse.ca)) or contact the union office to register at 902-892-5335, toll free 1-800-897-8773, or e-mail [peiupse@peiupse.ca](mailto:peiupse@peiupse.ca) by 4:00 p.m. on Thursday, September 8, 2016.*

## Stress in the Workplace

The Stress in the Workplace course will run on **September 16 from 9:00 - 4:00 p.m.** at the UPSE office in Charlottetown. **The course will help you:**

- *learn about the nature of stress and the sources of stress in the workplace*
- *learn about different tools to address stress in the workplace*
- *learn to manage stress and minimize its effects on performance*

*Please register online at ([www.peiupse.ca](http://www.peiupse.ca)) or contact the union office to register at 902-892-5335, toll free 1-800-897-8773, or e-mail [peiupse@peiupse.ca](mailto:peiupse@peiupse.ca) by 4:00 p.m. on Thursday, September 8, 2016.*

## Call for Vacant Director Positions: Locals 12 and 20

UPSE's Membership Services Committee has issued a call for nominations for vacant Board of Director positions in locals 12 and 20.

Nomination forms are available for print on the union's website ([www.peiupse.ca](http://www.peiupse.ca)), or call UPSE at 902-892-5335, or toll free at 1-800-897-8773.



To be eligible for nomination as a Director a member must:

- *be in good standing for at least the previous twelve months (1 yr.)*
- *be nominated by a member in good standing of the applicable local*
- *have completed the Welcome to UPSE or equivalent course*

**All nominations must be received at the union office by 4:00 p.m. on September 30, 2016. Union policy outlines that a biography must be included with the nomination form (mandatory).**

## Labour Day

*On behalf of the Union of Public Sector Employees I am pleased to extend Labour Day greetings to the membership.*

*Let's continue to work together to strengthen our economy and build greater social and economic well being for our province. Please have a safe and enjoyable Labour Day!*

*Karen Jackson,  
President, PEI UPSE*



The Accent is an internal publication of the Prince Edward Island Union of Public Sector Employees. Comments, questions, concerns and suggestions should be sent to: Mark Barrett, PEI UPSE Communications and Campaigns Officer, at [mbarrett@peiupse.ca](mailto:mbarrett@peiupse.ca).

Note to members distributing The Accent:

Because the material contained in this publication is often of a time-sensitive nature, please post or distribute it as soon as possible.

*PEI UPSE is proud to represent over 5000 members in the public and private sectors.*