

THE Accent

Prince Edward Island Union of Public Sector Employees

Convention Call: PEI Federation of Labour

The PEI Federation of Labour is hosting its 53rd Annual Convention on Friday (evening) **October 27 and Saturday, October 28, 2017** at the Loyalist Lakeview Resort in Summerside.

UPSE is entitled to send 45 members. Mileage and meals will be paid. Hotel rooms will be provided to those who reside over 40 km away from Summerside. Please advise the UPSE office if you require a hotel room.



Please **contact the UPSE office by October 6, 2017** to express interest in attending the Federation of Labour's Annual Convention. Call 902-892-5335 or toll free 1-800-897-8773, or e-mail peiupse@peiupse.ca.

Results of Recent Local Director Elections

Local #1 **Connie Smallman** Local #3 **Arlene Bowness** Local #5 **Steve Mollins**
 Local #7 **Kim Stewart** Local #9 **Melanie Cahill-Gallant** Local #11 **Anita Verreault**
 Local #15 **Jane Young** Local #17 **Terence McGaughey** Local #19 **Carol McGrath, Eileen Brown**

Congratulations to all the candidates and thank you for offering to serve on our Board of Directors. I look forward to working with you all as we work together to meet the challenges and opportunities for the membership.

Many thanks to outgoing Directors Lynn Bovyer and Susan Harris for their dedication and hard work while sitting on our Board. I look forward to working with you both in your other roles with UPSE.

In Solidarity,

Karen Jackson
President, UPSE



PEI UPSE is proud to represent over 5000 members in the public and private sectors.

Upcoming Educationals: Express Interest

Contact the union to express interest in attending one or more of the following UPSE educationals. Dates are to be determined. Call **902-892-5335** or toll free **1-800-897-8773**, or e-mail peiupse@peiupse.ca **Get Involved!**

Mental Health and the Workplace

- *The course emphasizes the importance of maintaining good mental health and understanding mental health conditions*
- *The nature of stress, particularly stress in the workplace and managing stress will be examined*
- *There will be discussion about the ways people can help themselves cope with the aftermath of dangerous or traumatic situations at work so they can minimize the risk of suffering longer term impacts on their mental health*

Welcome to UPSE

- *learn about UPSE's history and evolution in PEI*
- *learn about the union's structure, and how it works*

Stress in the Workplace

- *learn about the nature of stress and the sources of stress in the workplace*
- *learn to manage stress and minimize its effects on performance*

Preventing Workplace Violence

- *what constitutes violence in the workplace?*
- *is there a difference between harassment and violence?*
- *to what extent is the employer accountable?*

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