

THE Accent

Prince Edward Island Union of Public Sector Employees

PEI UPSE Supports 2017-18 Purple Ribbon Campaign Against Violence Against Women

It's the season of purple! The 2017-18 Purple Ribbon Campaign theme focuses on the power of bystanders: Don't stand by. Stand with.

Everyone has a part to play in ending violence against women.

PEI UPSE recently attended the annual pinning bee at the Confederation Centre Public Library. From (L-R) are Karen Jackson (UPSE President), Michelle Jay (Program Coordinator, PEI Advisory Council on the Status of Women) and Chrissy Murphy (UPSE Steward, Local 7). Participants at the pinning bee worked together to pin ribbons for distribution to schools, community groups, and individuals across PEI.



MONTREAL MASSACRE MEMORIAL SERVICE *Candle-lighting in Memory of Victims of Violence*

Wednesday, December 6, 2017 ~ 12:00 noon
Memorial Hall, Confederation Centre of the Arts
Charlottetown, Prince Edward Island

ALL WELCOME
We remember 1989
28 Years Since the Montreal Massacre

2017-2018 Purple Ribbon Campaign Against Violence
PEI Advisory Council on the Status of Women



UPSE Lobbying for Legislation on Paid Leave for Domestic Violence

Karen Jackson, President of PEI UPSE, says she has been encouraging the province to implement legislation to allow people who experience domestic violence paid leave from work. "It is paramount that we have measures in place to not only reduce instances of domestic violence, but to provide supports for those affected by it," says Jackson. "People who experience domestic violence would benefit from the legal provision of paid workplace leave because it would help them to address the challenges caused by the violent climate they are immersed in." Jackson is recommending amendments to the *Employment Standards Act* to include paid leave and workplace accommodations for employees who are experiencing domestic violence (*see information below on preventing violence if you are a bystander ... what to do if you see signs or witness violence or abuse*).



I see signs of violence or abuse happening

If I'm a bystander and care about preventing violence, what can I do to help?

Acting to prevent or address violence does not always look like one heroic act. There are actions we can choose that fit our own safety, our personal style, our relationship with the victim or abuser, and the situation we witness.

Taking action to help can save a life.

STEP 1: Pay attention to your surroundings and the people around you.

Look for attitudes and behaviours that put people down or that are aggressive, abusive or violent. Look for opportunities to intervene safely.

STEP 2: Take action.

You can help prevent abuse and violence by addressing harmful attitudes and behaviours.

Do not put your own safety at risk. If you or anyone else is in immediate danger, get help. Call 911.

- **Show that you disapprove** of harmful attitudes or behaviours by removing yourself from the group (refusing to be an audience).
- **Refuse to join in** and discourage others from participating in abusive attitudes and behaviours. Point out the harmful, abusive, or violent behaviour you witness without passing judgment on the perpetrator.
- **Speak out.** "I don't think that's funny." "What you are saying or doing is wrong."
- **Get support.** Rally others nearby to join you. "I don't accept this attitude or behaviour. It's not okay with me. I hope it's not okay with you either."
- **Get help.** Know what resources are available nearby or in the community to help prevent and address abuse and violence.

If you witness or suspect child abuse, it is mandatory to report it to Child Protection at 1-877-341-3101. If you suspect abuse or neglect of an older person, contact Adult Protection at 902-892-4790.

FOR MORE INFORMATION

Premier's Action Committee on Family Violence Prevention Prince Edward Island
stopfamilyviolence.pe.ca

You may be able to stop, interrupt or prevent abuse or violence by using safe and smart tactics to intervene.

Do not put your own safety at risk. If you or anyone else is in immediate danger, get help. Call 911.

- **Be a good witness.** Using words or your body, let the abuser and the targetted person know you are paying attention. Make a point of noticing details of what is happening.
- **Use distraction.** If you witness someone being abused, ask the perpetrator for the time, clear your throat near them or do something else that distracts them from their behaviour.
- **Stand with** the targetted person. Stand physically near them so that they and the abuser both know they are not alone.
- **Give control** to the targetted person by speaking directly to them: "Are you okay?" "Are they bothering you?" Be ready to help if they ask for help, or to respect their choice if they don't want help.
- **Trust your instincts.** If you think someone is in danger, or if you are in danger, get help from police or security - or call 911.

NEED HELP?

PEI Victim Services
Charlottetown 902-368-4582
Summerside 902-888-8218

PEI Family Violence Prevention Services
fvps.ca 1-800-240-9894

Chief Mary Bernard Memorial Women's Shelter
cmbmws.morriscode.ca 1-855-287-2332

PEI Rape and Sexual Assault Centre
www.peirsac.org 1-866-566-1864

IN IMMEDIATE DANGER
911

The Accent is an internal publication of the Prince Edward Island Union of Public Sector Employees. Comments, questions, concerns and suggestions should be sent to: Mark Barrett, PEI UPSE Communications and Campaigns Officer, at mbarrett@peiupse.ca.

Note to members distributing The Accent:

Because the material contained in this publication is often of a time-sensitive nature, please post or distribute it as soon as possible.