

THE Accent

Prince Edward Island Union of Public Sector Employees

Family Violence Prevention Week! February 14 - 20, 2021



Family violence affects everyone in a community. Everyone has a role to play in ending violence. The following are six ideas for families to get involved:

- 1. Read with your children:** Read books with young children that show ways people can be kind, loving members of their communities. Some good examples are:
 - *Under The Love Umbrellas* by Davina Bell
 - *I Will Be Fierce* by Bea Birdsong
 - *Kindness Makes Us Strong* by Sophie Beer
 - *Good Little Wolf* by Nadia Shireen

These books are available through the PEI Provincial Library Service.

- 2. Talk and Play Together:** Read *Except When They Don't* by Laura Gehl and talk with your children about the assumptions we make about how boys and girls play based on gender. Ask your children about their favorite toys and activities. Play together!
- 3. Listen** to and talk about the song *These Hands* by Dave Gunning and George Canyon. The song has also been turned into a book illustrated by Meagan Smith. The book and the song teach children ways to show caring towards other people.
- 4. Wear Purple** on February 17 to support family violence prevention in PEI.
- 5. Plan a family project** to raise money or provide supplies to an emergency shelter or service provider that supports victims of family violence.
- 6. Educate yourself:** Learn about family violence, its effects on children and youth and what you can do as a neighbour, co-worker, family member or friend. Learn more at stopfamilyviolence.pe.ca/friends (*Premier's Action Committee on Family Violence Prevention*).

Here is the calendar of events for Family Violence Prevention Week 2021.

Monday February 15: Islander Day

Tuesday February 16: Virtual Workshops for Professionals and Community Agencies Day 1: Impact of domestic violence on children and parents: (*Via Zoom, 10:00am-1:00pm*)

This is free training sponsored by the Premier's Action Committee on Family Violence Prevention. To register send your name, email address and phone number to lindsay@fvps.ca, and please indicate the sessions you wish to attend.

Panel Discussion: The Importance of Engaging Men & Boys in Family Violence Prevention:

(Via Zoom, 7:00pm)

Free virtual events on Zoom. Please pre-register by emailing plshq@gov.pe.ca Registration closes at 4 pm the day before the event.

Wednesday, February 17: Wear Purple Day

Islanders across the province are asked to wear purple to remember victims of violence and their families. As a neighbour, friend, family member or coworker, you can help prevent and respond to abuse in our community.

Blanket Making: Milton Community Hall

Join us to make fleece fringed and knotted blankets to be donated to Anderson House for clients. No cost to attend and all are welcome. For more information, call 902-368-3090. Sponsored by the Rural Municipality of Miltonvale Park with support from PAC (7 New Glasgow Road, intersection of Route 224 and Route 7, 10:15 am)

Finding connection during COVID-19: Re-Building the foundations of healthy relationships for individuals & community wellness *(Via Zoom, 12 pm)*

With a special welcome message from Premier Dennis King. Free virtual events on Zoom. Please pre-register by emailing plshq@gov.pe.ca Registration closes at 4 pm the day before the event.

Interrupting Harm: Everyday actions we can take when we witness harm *(Via Zoom, 6:00 pm)*

Free virtual events on Zoom. Please pre-register by emailing plshq@gov.pe.ca Registration closes at 4 pm the day before the event.

Anderson House and PEI Family Violence Prevention Services *(Via Zoom, 7:00 pm)*

Who we are, what we do & how to support the organization. Free virtual events on Zoom. Please pre-register by emailing plshq@gov.pe.ca Registration closes at 4 pm the day before the event.

Thursday, February 18: Virtual Workshops for Professionals and Community Agencies Day 2:**Victims and children living with domestic violence** *(Via Zoom, 10:00am-1:00 pm)*

This is free training sponsored by the Premier's Action Committee on Family Violence Prevention. To register send your name, email address and phone number to lindsay@fvps.ca, and please indicate the sessions you wish to attend.

Peace, Kindness & Love Story Time *(Via Zoom, 10:30 am)*

Free virtual events on Zoom. Please pre-register by emailing plshq@gov.pe.ca Registration closes at 4 pm the day before the event.

The Impact of Domestic Violence on Children: The Role of Family, Friends, & Front-Line Professionals in Helping Children *(Via Zoom, 7:30 pm)*

Free virtual events on Zoom. Please pre-register by emailing plshq@gov.pe.ca Registration closes at 4 pm the day before the event.

Friday February 19: From Surviving to Thriving - What Do Survivors Need? *(Via Zoom, 12:00 -1:00 pm)*

This online (Zoom) lunch and learn will share wisdom from survivors of trauma and violence about what government and community supports they need to move from surviving to thriving in their lives. The session will include a roundtable discussion of what survivors need to thrive. No one has to identify publicly as a victim or survivor to participate. Hosted by **Women's Network PEI** and the **PEI Advisory Council on the Status of Women**. Open to all. Please register by getting Eventbrite tickets at the following link: [Eventbrite tickets](#) or at (<https://bit.ly/3qbuNeb>). All those who are registered will receive the Zoom link the morning of the event.

East Prince Family Violence Prevention Services Outreach *(Via Zoom, 1:00 pm)*

Who we are, what we do & how to support the organization, including information on self care and mindfulness. There will be a prize draw, to register please email leanne@fvps.ca